

# PrEP Implementation: St. Louis Case Study

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(Adapted from USCA 2017 presentation)

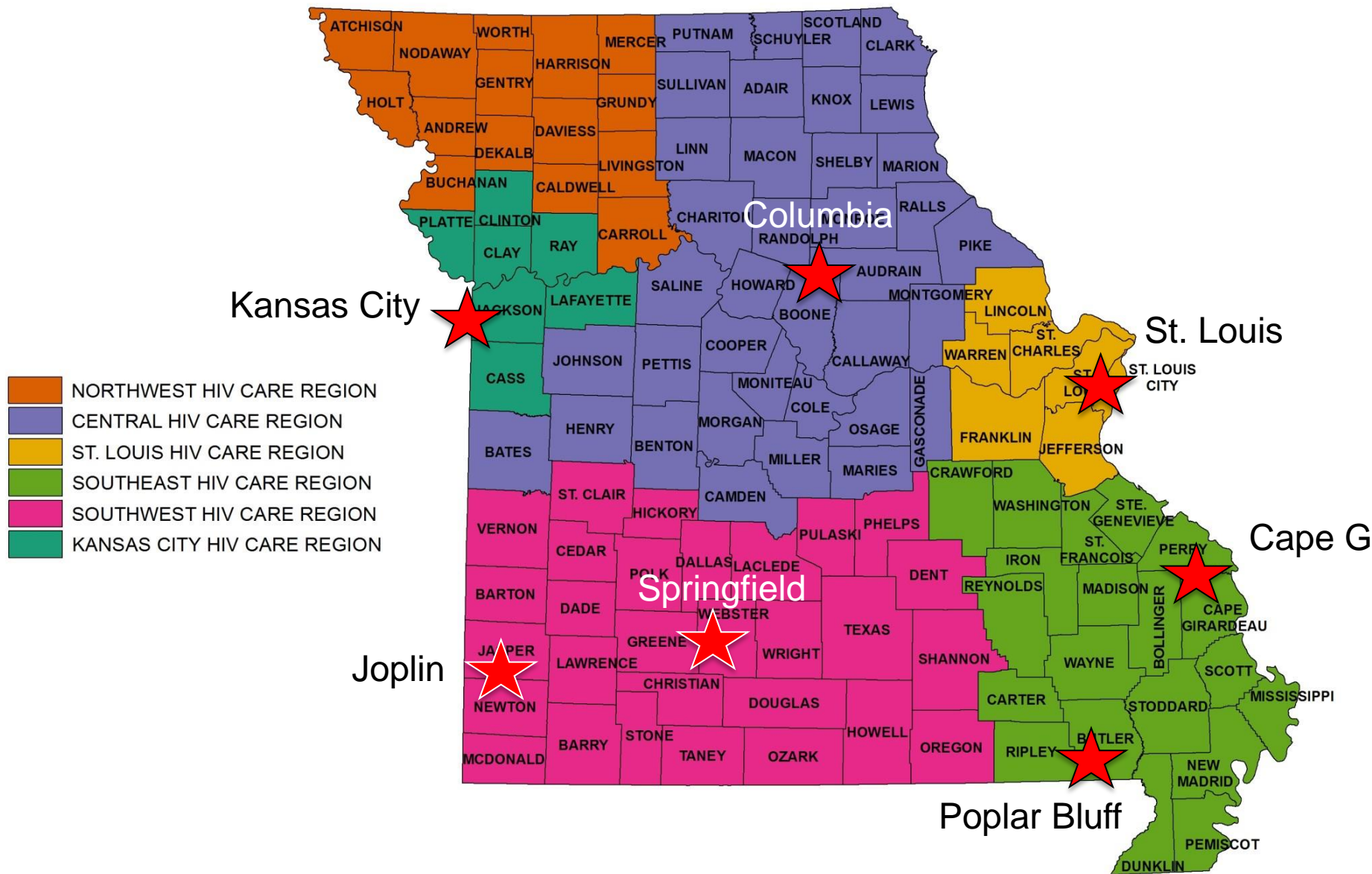


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SCHOOL OF MEDICINE

# Step 1: Statewide PrEP Provider Education Sessions and Multi-Site Tours (Step 2) (in conjunction with MATEC)



# Step 2:

## Multi-Site PrEP Implementation Tours

- One day tour for multiple sites in St. Louis hosted by MATEC, Washington University in St. Louis, and Gateway Apothecary
- Designed for the entire health organization team
- Observed clinic logistics from start to finish (i.e. patient check in, intake forms, clinical visit, note writing, billing, etc.)
- Discussed challenges, logistics flow, possible patient load, deadlines for initiating PrEP services



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John T. Milliken Department of Medicine  
Division of Infectious Diseases

Date of tour

Re: Visit for Organization(s)

Purpose of visit:

1. To view multi-organization PrEP service delivery for future PrEP implementation
2. To view integrated PrEP care in 3 service settings: a) academic HIV clinic, b) community pharmacy, and c) refugee/immigrant clinic (Casa de Salud)
3. To view the associated tools to promote, potentially, faster and cheaper integration of PrEP services that are used at each site (i.e. EMRs, intake forms, clinic process flow, scheduling, etc.)

Organization Attendees:

List of Representatives

Hosts & Contact Information:

List of institution and pharmacy, contact people, and their contact information

Other contacts:

Additional contacts with same information as provided above.

Sample Itinerary

Day of the week, Month, Day (day of tour)

8:30 am - 11:30 am - WUSTL ID Clinic session (PrEP Clinic is Wednesday morning)

11:30 am - 1:00 pm - Gateway Apothecary tour

1:00 pm - 2:00 pm - Question & Answer session (during lunch)

2:00 pm - 3:30 pm - Casa de Salud tour

## **Step 2:**

# **Missouri PrEP Implementation Toolkit**

- Toolkit made for organizations in Missouri to integrate PrEP delivery into routine services
- Provided Tools for Providers and Administrators
  - Clinic Flow
  - Sample electronic medical record notes
  - Billing Codes
  - Intake and Follow-up Forms

# **Step 3: Developed a Multi-Organizational Model of PrEP Delivery in St. Louis**

(multiple different types of organizations delivering PrEP)

## **1) Federally Qualified Health Centers**

- Family Health Care
- Affinia

## **2) Immigrant Clinic**

- Casa de Salud

## **3) Academic**

- Washington University in St. Louis

## **4) Pharmacy**


- Gateway Apothecary (Collaboration w/ Washington University in St. Louis)

## **5) Student Health**

- University of Missouri St. Louis

# Step 4: Health Department Initiatives That Reinforce PrEP Service Delivery Scale-up

- State Health Department website with provider directory (after statewide survey) (central info hub)
- Individual provider follow up of those that wanted PrEP education
- State Health Department PrEP Taskforce
- Regional PrEP Taskforces (St. Louis and Kansas City)



PreExposure Prophylaxis: X

health.mo.gov/living/healthconditions/communicable/hiv/aids/prep.php

Gov. Eric Greitens


Missouri Department of Health & Senior Services

Search Health Search

Healthy Living Senior & Disability Services Licensing & Regulations Disaster & Emergency Planning Data & Statistics Online Services

### HIV PreExposure Prophylaxis (PrEP)

Home > Healthy Living > Health Conditions & Diseases > Communicable Diseases > HIV/AIDS



- PrEP Provider Directory
- Search for a Provider
- Información básica sobre la profilaxis de preexposición (PrEP) en español
- Seeking PrEP? Check out - Pathways to Get PrEP
- Resources for Consumers
- Information on Paying for PrEP
- Resources for Providers

Do You Have The Facts On PrEP? What is it?

"PrEP" stands for Pre-Exposure Prophylaxis. The word "prophylaxis" means to prevent or control the spread of an infection or disease. The goal of PrEP is to prevent an HIV-negative person from acquiring HIV from an HIV-positive partner. This is done by taking one pill every day. When taken every day, PrEP has been found to reduce the likelihood of HIV infection by up to 92%. This effectiveness increases when combined with condoms which are also necessary for the prevention of other sexually transmitted diseases.

**Healthy Living**

- Environmental Factors
- Chronic Diseases
- Communicable Diseases
- Healthy Families
- Organ/Tissue Donation and Registry
- Women, Infants & Children (WIC)
- Genetic Disease & Early Childhood
- Food Programs
- Wellness & Prevention
- Local Public Health Agencies
- Immunizations

**Bureau of HIV, STD, and Hepatitis**  
Missouri Department of Health and Senior Services  
PO Box 570  
Jefferson City, MO 65102-0570

Phone: 573-751-6439  
Fax: 573-751-6447  
Email: [info@health.mo.gov](mailto:info@health.mo.gov)

# Disease Intervention Specialists (DIS)

- DIS provides PrEP awareness and direct linkage to care to WashU PrEP Clinic and other sites
- 3 DIS teams (city, county, and state)
- Standardized flyer given by DIS to at-risk persons

What if there were a pill that could help prevent HIV?

**There is.**

Ask your doctor if PrEP is right for you.

Pre-exposure prophylaxis: A daily pill to reduce risk of HIV infection

[www.cdc.gov/hiv/basics/prep.html](http://www.cdc.gov/hiv/basics/prep.html) 

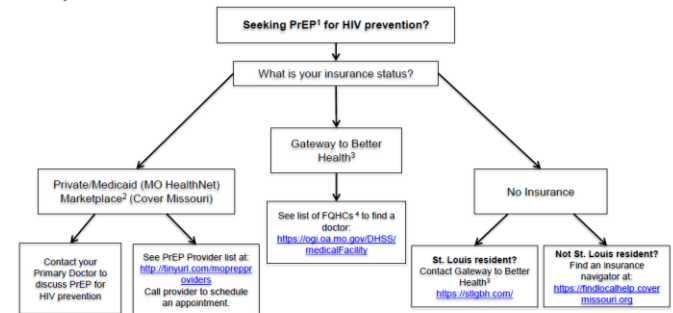
Ready for PrEP?  
Get started.

PrEP is just one pill a day.

Call to schedule a PrEP appointment  
314-362-9098



Pathways to Get PrEP in St. Louis



Ask your Doctor or Pharmacist about Gilead Patient Assistance to help pay for PrEP:  
[www.gileadadvancingaccess.com/](http://www.gileadadvancingaccess.com/)

<sup>1</sup>Learn more about pre-exposure prophylaxis (PrEP) at: <http://health.mo.gov/living/healthconditions/communicable/hiv/aids/prep.php> or [www.projectinform.org/ncsp](http://www.projectinform.org/ncsp)  
<sup>2</sup>Marketplaces: Affordable Care Act marketplace insurance (<http://covermissouri.org/>)  
<sup>3</sup>Gateway to Better Health is a public insurance program for St. Louis residents (application required annually): <https://stlgbh.com/>  
<sup>4</sup>FQHCs = Federally Qualified Health Centers, which are organizations that serve both the uninsured and the insured.

# Summary

- 4 steps that fostered PrEP services in St. Louis and Missouri
- PrEP Information team helped multiple organizations integrate PrEP into their services on a statewide level
  - 2 part education session (didactic provider education and site visit)
  - Provided case-by-case local assistance for providers
  - Developed PrEP Implementation Toolkit
- Health Department key initiatives include PrEP website, PrEP Taskforces, and DIS linkage to care with flyer
- Together foster statewide PrEP implementation



# Acknowledgements

- PrEP users
- PrEP providers
- Clinic staff
- Community-based organizations staff
- Pharmacy staff
- Health department staff
- Advocates/Activists
- University staff
- MATEC staff

